



This institution is an equal opportunity provider



CINCINNATI HEBREW DAY SCHOOL LUNCH MENU

MONDAY

WG Baked Ziti or
Plain WG Noodles with Cheese **3**
Fruit of the Day
Frozen Carrots
Choice of Chocolate Milk or
White Milk

WG Pizza/ Pizza Rolls **10**
Canned Fruit
Roasted Mixed Vegetables
Choice of Chocolate Milk or
White Milk

WG Baked Ziti or
Plain WG Noodles with Cheese **17**
Raisins
Roasted Green beans
Choice of Chocolate Milk or
White Milk

WG Pizza/ Pizza Rolls **24**
Fruit of the Day
Frozen Carrots
Choice of Chocolate Milk or
White Milk

WG Baked Ziti or
Plain WG Noodles with Cheese **31**
Raisins
Mixed Vegetables
Choice of Chocolate Milk or
White Milk

TUESDAY

WG Pizza Bagel **4**
Raisins
Mixed Vegetables
Choice of Chocolate Milk or
White Milk

Bagels with Cheese or Tuna **11**
Slushy Smoothies
Carrots
Choice of Chocolate Milk or
White Milk

WG Pizza Bagel **18**
Slushy Smoothies
Mixed Vegetables
Choice of Chocolate Milk or
White Milk

Bagels with Cheese or Tuna **25**
Raisins
Israeli Salad
Choice of Chocolate Milk or
White Milk

WEDNESDAY

Chicken Nuggets **5**
Coleslaw
Apricots
Orange Juice

Hotdogs with WG Bun **12**
Pickles
Apricots
Orange Juice
(OR Spaghetti and Meat Sauce)

Deli Sandwiches on WG **19**
WG Bread
Fruit of the Day
Coleslaw
Orange Juice

Hotdogs with WG Bun **26**
Pickles
Fruit of the Day
Orange Juice
(OR Spaghetti and Meat Sauce)

THURSDAY

Fish Sticks – Pre School **6**
Cholent – All other grades
Apple Sauce
Choice of Chocolate Milk or
White Milk

Tannis Esther No Lunch **13**

Fish Sticks – Pre School **20**
Cholent – All other grades
Slushy Apricots
Choice of Chocolate Milk
or White Milk

Fish Sticks – Pre School **27**
Cholent – All other grades
Fruit of Day
Choice of Chocolate Milk
or White Milk

FRIDAY

WG Waffles/ WG Pancakes / **7**
WG French
Cheese Slices
Apricots
Tomato Salad
Choice of Chocolate Milk or
White Milk

Purim No Lunch **14**

Falafel **Israeli Salad** **21**
Hummus **WG Pita**
Fruit of the Day **Choice of
Chocolate Milk or White
Milk**
(EC: Waffles/ Pancakes/
French Toast)

Rolls **28**
String Cheese
Potato Kugel
Smoothies
Choice of Chocolate Milk or
White Milk

